



TMDA

TAMBORINE MOUNTAIN DANCE ACADEMY

2026

PROSPECTUS



WELCOME TO
TMIDA

At TMDA, dance is about more than movement it's about growth, confidence, and connection. We provide exceptional technical training while nurturing a genuine love of dance in every student.

Our studio culture is welcoming and encouraging, designed to help dancers build resilience, confidence, and a strong sense of belonging. We believe in creating a community where kindness, support, and teamwork are at the heart of everything we do.

With a strong emphasis on discipline, passion, and professionalism, TMDA offers a place for dancers of all abilities, from those dancing for enjoyment to those pursuing excellence at a professional level.

Book a free trial class today and discover what makes TMDA truly different.

DISCIPLINE.

PASSION.

PROFESSIONALISM.

STYLES WE OFFER

CLASSICAL BALLET

TMDA provides Classical Ballet training and examinations through the Australian Conservatoire of Ballet program, which follows the renowned Russian Vaganova method. This internationally recognised system focuses on developing poise, grace, and precise technical skills, while building strength, confidence, and flexibility. It also emphasises an understanding of the artistry and elegance that define the essence of ballet.

JAZZ

A vibrant and energetic form of movement utilising isolations, sharp movements, and syncopated rhythms, Jazz dance is a versatile and exciting genre.

TAP

Tap dance is a lively and rhythmic form of dance that combines intricate footwork, syncopation, and musicality to produce a unique and dynamic art form.

STYLES WE OFFER

CONTEMPORARY

Breaking traditional moulds to explore new realms of movement and emotion, Contemporary dance is characterised by fluidity, creativity, and a strong connection between movement and emotion.

HIP HOP

Grounded in street dance, breakdancing, and freestyle, Hip Hop features rhythmic, individualistic motions and is a dynamic art form deeply connected to the beats of hip-hop music.

MUSICAL THEATRE

Musical theatre is a dynamic genre that combines elements of dance, drama, singing, and expressive storytelling to bring characters and narratives to life on stage.

ACROBATIC DANCE

Acrobatic Dance integrates elements of gymnastics and dance technique, creating a display of impressive athleticism and artistic flair.

YOUNGER STUDENTS

TINY TOTS | 3-4 Years

A gentle 30 minute class for 3-4 year olds to introduce little dancers to the joy of movement.

DANCE DISCOVERY | 5-6 Years

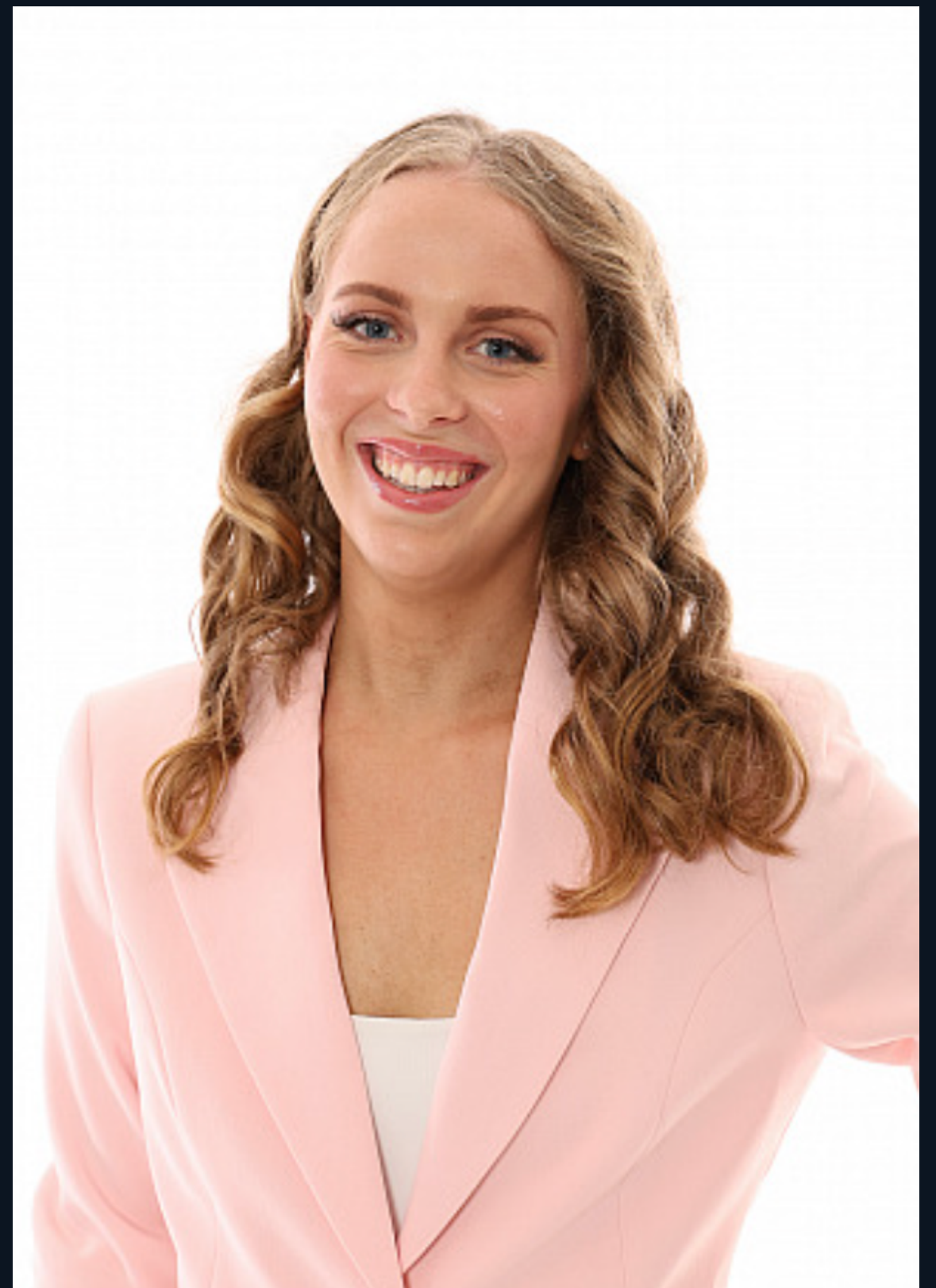
The perfect way to introduce young, aspiring dancers to a variety of styles. This class includes 20 minutes each of Ballet, Jazz, and Tap.

NOTE: Baby Ballet and Ready Set Dance may wear free dress or a pink leotard and skirt, if they don't wish/ have a TMDA Uniform.

MILLIE SANDERSON

PRINCIPAL | ARTISTIC DIRECTOR

Millie began dancing at Elite Dance Academy at the age of 3, undertaking comprehensive and disciplined training from 2011 to 2019. During this time, she specialised in Ballet (Cecchetti Method) and Tap (Glenn Wood Tap Syllabus), achieving outstanding results across numerous examinations in both disciplines. Millie's technical ability and commitment earned her recognition at the Cecchetti Ballet Australia Inc. Queensland Medal Awards, where she was selected to compete for three consecutive years. She received a special mention in 2018 and was named runner-up for the prestigious William Carse Memorial Shield in 2019. Further highlighting her academic excellence, Millie achieved the highest examination mark in Queensland for her grade in the 2017 Cecchetti Ballet examinations.



Alongside her examination success, Millie developed strong performance maturity through competitive appearances across the Gold Coast and New South Wales from 2018 to 2019. She has had professional performance engagements with EDA, including performances at Dreamworld in 2018, and with TMDA as a dancer in the 2025 production 'Florence'.

Millie joined TMDA in 2024 and completed her senior level ATOD Jazz examination. Millie has also attained a Certificate II in Dance and is a teacher and member of the Australian Teachers of Dancing syllabus board. With her extensive training and experience, Millie is passionate about sharing her knowledge and inspiring the next generation of dancers to achieve their full potential. Beyond the studio, Millie's leadership qualities are evident in her appointment as Tamborine Mountain State High School Captain for 2026.

SHAREE YOUNG

CO-OWNER | BUSINESS OPERATIONS



Sharee's career in the performing arts began as a professional waterskier and stunt performer at Sea World Australia, where she commenced performing in live shows in 2002. Her work quickly expanded onto the international stage, touring and performing across Australia, Japan, Germany, China, and the UAE in high-profile live productions.

Alongside raising her family, Sharee undertook extensive professional training, completing Certificates IV in Fitness, Pilates and Pilates Barre qualifications, and 200hour Yoga Teacher Training. In 2013, she founded The Floating Lotus Studio in Helensvale, growing it into a respected wellness hub.

In recent years, Sharee continued to perform and announce in professional live stunt shows through to 2022, maintaining a strong connection to the stage and live performance industry. As a dance mum and accomplished entrepreneur, she is focused on elevating the business through strong leadership, refined systems, and the creation of meaningful, professional pathways for teachers and senior dancers.

At her core, Sharee is driven by a vision to build a vibrant, values led community founded on kindness, professionalism, resilience, and a genuine love of performance.

TEACHING FACULTY

Our team is committed to delivering the highest standard of technical training while maintaining a safe, supportive, and enjoyable environment where children can flourish in dance.



DEBBIE LANDEL

Formally the Principal of 'Debbie Beale School of Ballet' Sydney for 10 years & the former Principal of 'Dance Classique' on the Gold Coast QLD, Debbie trained at The Australian Ballet School in Melbourne, and also studied in Russia, London, Europe & America. She has mentored for the Royal Academy of Dance & trained many student teachers to obtain their RAD Teaching Certificate.

Debbie has regularly taught in Japan where she is the Patron of a Ballet School in Okayama, "Petit Ballet Studio". She has also adjudicated at many eisteddfods and competitions including The Melbourne Performing Arts Challenge, Starbound Competition, The ATOD National Finals, The Gold Coast Eisteddfod, The Brisbane Eisteddfod, Evolution National Finals and The ATOD International Competition 2023 Bangkok Thailand to name a few.

Debbie wishes to share her passion and expertise and encourage the up and coming performers of tomorrow.

SHANNON GOUGH

Shannon began her dance journey at The Queensland Dance School of Excellence, where she completed her Cecchetti Advanced 2 Ballet examination. During this time, she was selected to perform at the launch of Mao's Last Dancer by Li Cunxin.

Shannon went on to further her training at the Western Australian Academy of Performing Arts (WAAPA), where she spent three years refining her technique and artistry. During her studies, she was chosen to work with Australian Ballet choreographer Timothy Harbour on his contemporary creation A Listening World, and to perform with the West Australian Ballet in Sleeping Beauty.



Following her graduation, Shannon moved abroad to broaden her experience within the European dance scene. She successfully auditioned for Northern Ireland's leading contemporary company, Maiden Voyage Dance, touring and performing across the country.

In addition to her performance career, Shannon has developed a deep passion for teaching and mentoring the next generation of dancers. As a dedicated freelance dance teacher, she continues to inspire students through her professionalism, creativity, and commitment to excellence.



MOLLY GIVNEY

Molly is a passionate dance teacher with a lifelong love of movement and performance. With over 20 years of dance experience, she holds a Diploma and Certificate IV in Dance and has trained across a range of styles.

She spent over four years dancing professionally with Royal Caribbean, performing in high-energy production shows and gaining valuable experience in performance, discipline and teamwork at an international level.

Molly is dedicated to creating a positive, encouraging and inclusive environment where students feel confident, supported and inspired to be their best.

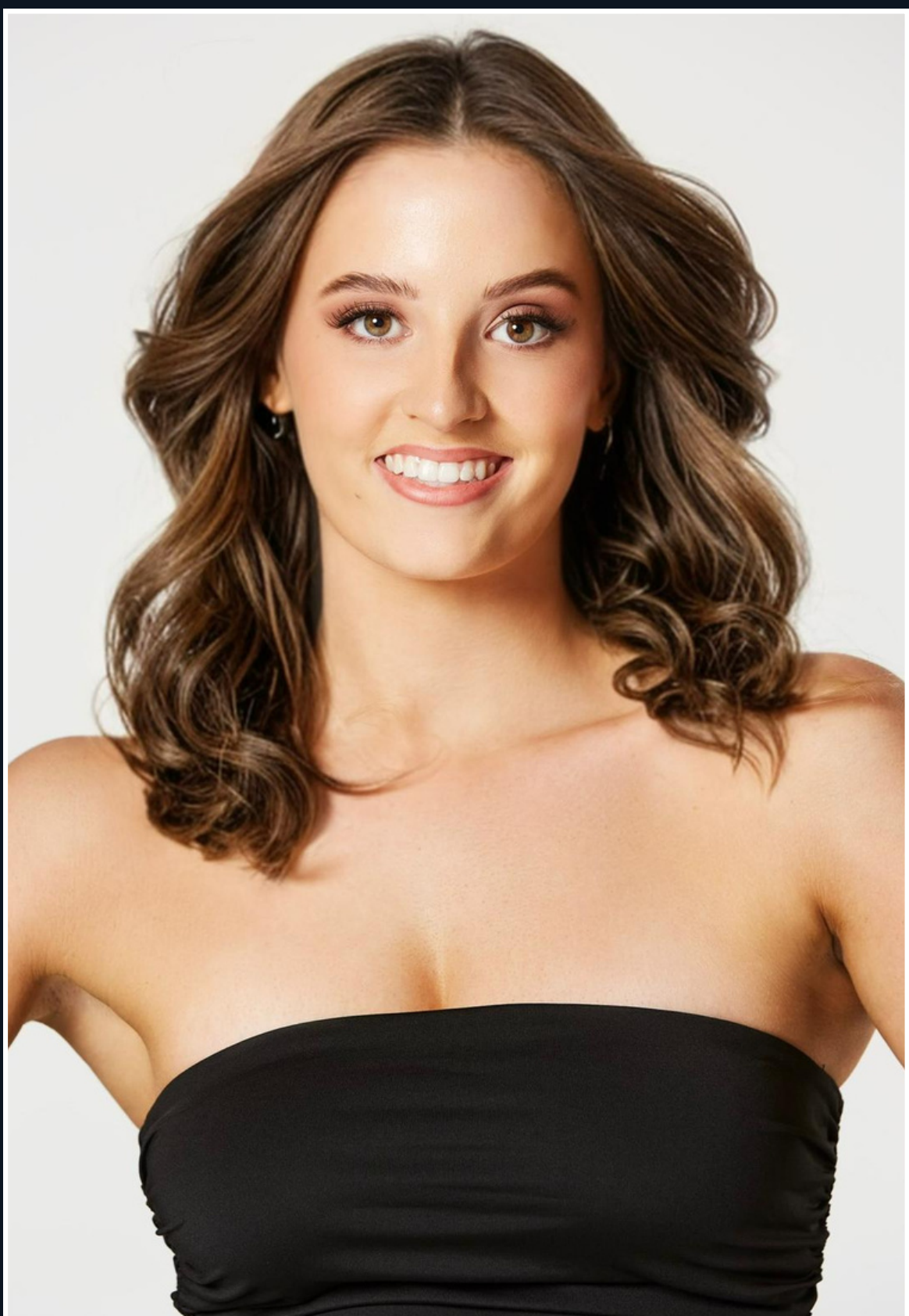
She values strong technique just as much as self-expression, confidence and enjoyment, and loves helping dancers grow both on and off the stage.

CARLY HILL

Carly commenced her dance training at the age of five on the Gold Coast under the mentorship of Suzanne Swain.

At fifteen, she was accepted into full-time training at the prestigious Queensland National Ballet School, where she undertook intensive studies in classical ballet and contemporary dance. Carly holds an Advanced Diploma of Dance (Elite Performance) and has attained exceptional examination results, including an Excellence Award in ACB and Solo Seals in both AICD and BAL.

Renowned for her strong technical foundation, discipline, and artistry, Carly brings a professional standard to her teaching and is passionate about cultivating excellence, artistry, and a deep respect for dance in the next generation of performers.



MATILDA HAMBIDGE-HAY

Matilda commenced her formal dance training at the age of five in Adelaide at TIDC Performing Arts Studio. In 2023, she was accepted into full-time training at Dynamite Studios, where she undertook intensive study with a focus on advanced jazz technique, tap, and lyrical performance.

Matilda holds a Certificate IV in Dance and has successfully completed her Advanced ATOD Jazz and Tap examinations, reflecting both technical excellence and performance maturity.

Alongside her training, she has worked as a professional performer at Dreamworld, further developing her stage presence, versatility, and professionalism within a commercial performance environment.

EDEN WARWICK

Eden commenced her dance training at Tamborine Mountain Dance Academy at just 2 years of age and has since undertaken extensive and comprehensive training across Classical Ballet, Jazz, Contemporary, Lyrical, and Tap.

Throughout her development, she has competed successfully at numerous eisteddfods across the state, consistently demonstrating both technical strength and performance maturity. Eden has completed formal examinations in all disciplines, achieving multiple Distinction results, and most recently attained her Senior Jazz examination through the Australian Teachers of Dancing syllabus. She also holds a Certificate II in Dance.



With a deep connection to TMDA and a strong commitment to excellence, Eden is passionate about fostering a positive, supportive, and inspiring learning environment, empowering her students to develop confidence, artistry, and a lifelong love of dance.



MINNIE BANGAY

Minnie began her journey in the performing arts as a dancer at Yvonne Britain Dance Academy, where she trained in Classical Ballet, Contemporary, Jazz, Tap, and Hip Hop from 2013 to 2022. Over time, her passion for the arts expanded into acting and musical theatre, allowing her to seamlessly combine her love of dance, singing, and acting.

Her acting career began with extra roles in productions such as *Troppo*, *Upright* (Season 2), and *Joe Exotic: Tiger King*. Through dedication and persistence, Minnie transitioned into musical theatre, performing in *'The Wizard of Oz'* with Harvest Rain Theatre Company, as well as appearing as an ensemble member in Spotlight Theatre's *'We Will Rock You'*.

This progression quickly led to lead roles at Spotlight Theatre, including Mr. Salt in *'Charlie and the Chocolate Factory'* and Lumiere in *'Beauty and the Beast'*. Minnie has recently been cast as Mama in Sky Youth Theatre's upcoming production of *'Chicago'*, set to premiere in May 2026. With a deep passion for musical theatre and strong versatility as a performer, Minnie is excited to share her skills and substantial experience with TMDA. She is committed to cultivating students' confidence, artistry, and love of musical theatre.

TERM DATES

Our dance calendar aligns with Queensland school terms, our last class of the term finishes on a **Saturday**. Classes will **not** be held on public holidays.

TERM 1	JANUARY 27	TO	APRIL 2
TERM 2	APRIL 20	TO	JUNE 27
TERM 3	JULY 13	TO	SEPTEMBER 19
TERM 4	OCTOBER 6	TO	DECEMBER 12

IMPORTANT DATES

JUNE
27

WINTER SHOWCASE

AUGUST
29

BALLET EXAMINATIONS

SEPTEMBER
5

**ATOD JAZZ/ TAP
EXAMINATIONS**

NOVEMBER
22

PHOTO DAY

DECEMBER
12

**TMDA END OF YEAR
CONCERT**

DECEMBER
TBC

**TMDA END OF YEAR
FAMILY FUN DAY**

EISTEDDFOD DATES

The following dates concern TMDA's Competition
Teams, Solo, Duo, and Trio students.

JULY 19-27	GOLD COAST EISTEDDFOD (SOLOS)
AUGUST 8, 9, 21, 23	GOLD COAST EISTEDDFOD (GROUPS)
AUGUST 22-23	BEENLEIGH EISTEDDFOD (GROUPS)
AUGUST/ SEPTEMBER 27-3	BEENLEIGH EISTEDDFOD (SOLOS)

UNIFORM EXPECTATIONS

For all styles excluding ballet, TMDA students must wear our custom TMDA uniform. Students may wear any combination of the singlet, shorts, crop top, leggings, jacket, puffer vest, T-shirt, or track pants. TMDA dance bags are also available for purchase.

For assistance, email **admin@tmda.info** for more details on ordering your custom TMDA uniform.

TIGHTS

Students in Jazz and Tap during the colder months of the year must wear tan tights. Ballet students must wear theatrical pink tights.

HAIR

All students are required to have hair secured in a neat, firm bun in all classes, with the exception of Hip Hop (a neat ponytail is permitted).

SHOES

Jazz: Tan jazz shoes, black for boys.

Tap: Tan tap shoes, black for boys.

Contemporary: Tan canvas 'half shoes'.

Musical Theatre: Tan jazz shoes, black for boys.

Acro: Bare feet.

Hip Hop: Black leather sneakers.

BALLET

UNIFORM REQUIREMENTS

To make uniform expectations more convenient for families, our ballet uniform has been simplified to two core colours. Existing students who currently have previous colours, such as cornflower blue or turquoise, may continue wearing them for classes to maximise use. However, the updated uniform colours will be required for examinations.

Baby Ballet, Ready Set Dance, Pre-Primary Ballet, Primary Ballet

- Pink leotard, skirt, leg warmers, cross-over (winter).
 - Hair in neat, firm bun with pink hair ribbon.
 - Theatrical pink tights.
 - Leather Capezio 'Juliet' ballet shoes in 'light pink' with matching ribbons.
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Prep Level 1 Ballet, Level 1 Ballet, Level 2 Ballet, Level 3 Ballet, Level 4 Ballet

- Navy leotard, skirt, leg warmers, cross-over (winter).
 - Hair in a neat, firm bun with navy hair ribbon.
 - Theatrical pink tights.
 - Leather Capezio 'Juliet' ballet shoes in 'light pink' with matching ribbons.
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Boys - Ballet

- White boys leotard/top, dance socks,
 - Navy leggings.
 - White canvas ballet shoes.
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LEVELS

Baby Ballet, Ready Set Dance

Pre-Primary Ballet, Primary Ballet



LEVELS

Prep Level 1 Ballet, Level 1 Ballet,
Level 2 Ballet, Level 3 Ballet, Level 4 Ballet



LEVELS

Boys Ballet



AGES & LEVELS

At TMDA we follow the classical, disciplined, and well-respected Vaganova syllabus. These ages are a guide, and our teachers will place each student in the level best suited to their ability, and most supportive of their development.

7-8 YEARS	PRIMARY BALLET
9-10 YEARS	LEVEL 1 BALLET
10-11 YEARS	LEVEL 2 BALLET
11-13 YEARS	LEVEL 3 BALLET
12+ YEARS	LEVEL 3/4 POINTE
12-14 YEARS	LEVEL 4 BALLET

AGES & LEVELS

At TMDA, we follow the Australian Teachers of Dancing (ATOD) syllabus in both Jazz and Tap. This provides structured, progressive, and engaging classes, while also offering students the opportunity to undertake examinations in both styles.

6-7 YEARS	SUB-JUNIOR JAZZ/ TAP
8-9 YEARS	JUNIOR JAZZ/ TAP
10-12 YEARS	INTERMEDIATE JAZZ/ TAP
13-15 YEARS	SUB-SENIOR JAZZ/ TAP
15+ YEARS	SENIOR COMMERCIAL/ TECH

AGES & LEVELS

Our teachers will evaluate students' acrobatic ability and place them in the level best suited and most supportive of their development.

5-9 YEARS	JUNIOR CONTEMPORARY
10-12 YEARS	INTERMEDIATE CONTEMPORARY
13-15 YEARS	SUB-SENIOR CONTEMPORARY
6+ YEARS	BRONZE ACRO (BEGINNER)
10+ YEARS	SILVER ACRO (ADVANCED)
5-9 YEARS	JUNIOR HIP-HOP
10-15 YEARS	INTERMEDIATE/ SUB-SENIOR HIP-HOP
ALL YEARS	MUSICAL THEATRE

DANCE EXAMINATIONS

TMDA students are strongly encouraged to work towards sitting examinations in Classical Ballet through the Australian Conservatoire of Ballet 'Vaganova' syllabus board, and in Jazz and Tap through the Australian Teachers Of Dancing syllabus board.

Why Exams?

- Sets structured goals.
- Sense of accomplishment as they progress through levels.
- Encourages discipline, focus, consistency in training.
- Builds confidence.
- Showcases skills in a formal setting.
- Obtain valuable feedback from industry professionals.
- Highlights strengths and improvements.

Dance exams can serve as a stepping stone for future opportunities in performance or teaching, fostering a deeper appreciation and commitment to the art form.

Students who are interested in examinations must attend all scheduled lessons of their class to ensure they are 'exam ready'.

COMPETITION TEAMS

We offer dedicated students the opportunity to join our Competition Teams and represent TMDA at selected dance eisteddfods and events throughout the year. Eligibility requires enrolment in both Ballet and Jazz, as these styles develop the technical foundation, strength, and performance quality essential for competitive dance.



CONTACT INFORMATION

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Tamborine Mountain Dance Academy

OFFICE HOURS

Monday to Friday: 9am to 5pm

Saturday: 9am to 12pm