



# TMDA

TAMBORINE MOUNTAIN DANCE ACADEMY

## 2026 PROSPECTUS

# WELCOME TO TAMBORINE MOUNTAIN DANCE ACADEMY



At TMDA, dance is about more than movement it's about growth, confidence, and connection. We provide exceptional technical training while nurturing a genuine love of dance in every student.

Our studio culture is welcoming and encouraging, designed to help dancers build resilience, confidence, and a strong sense of belonging. We believe in creating a community where kindness, support, and teamwork are at the heart of everything we do.

With a strong emphasis on discipline, passion, and professionalism, TMDA offers a place for dancers of all abilities, from those dancing for enjoyment to those pursuing excellence at a professional level.

Book a free trial class today and discover what makes TMDA truly different.

# STYLES

## CLASSICAL BALLET

TMDA provides Classical Ballet training and examinations through the Australian Conservatoire of Ballet program, which follows the renowned Russian Vaganova method. This internationally recognised system focuses on developing poise, grace, and precise technical skills, while building strength, confidence, and flexibility. It also emphasises an understanding of the artistry and elegance that define the essence of ballet.

## JAZZ

A vibrant and energetic form of movement utilising isolations, sharp movements, and syncopated rhythms, Jazz dance is a versatile and exciting genre.

## TAP

Tap dance is a lively and rhythmic form of dance that combines intricate footwork, syncopation, and musicality to produce a unique and dynamic art form.

## CONTEMPORARY

Breaking traditional moulds to explore new realms of movement and emotion, Contemporary dance is characterised by fluidity, creativity, and a strong connection between movement and emotion.

## HIP HOP

Grounded in street dance, breakdancing, and freestyle, Hip Hop features rhythmic, individualistic motions and is a dynamic art form deeply connected to the beats of hip-hop music.

## MUSICAL THEATRE

Musical theatre is a dynamic genre that combines elements of dance, drama, singing, and expressive storytelling to bring characters and narratives to life on stage.

## ACROBATIC DANCE

Acrobatic Dance integrates elements of gymnastics and dance technique, creating a display of impressive athleticism and artistic flair.

## BABY BALLET

A gentle 30 minute class for 3-4 year-olds to introduce little dancers to the joy of movement.

## READY SET DANCE

The perfect way to introduce young dancers (approx 5 yrs) to a variety of styles. Includes 20 minutes each of Ballet, Jazz, and Tap.

## KIDS YOGA

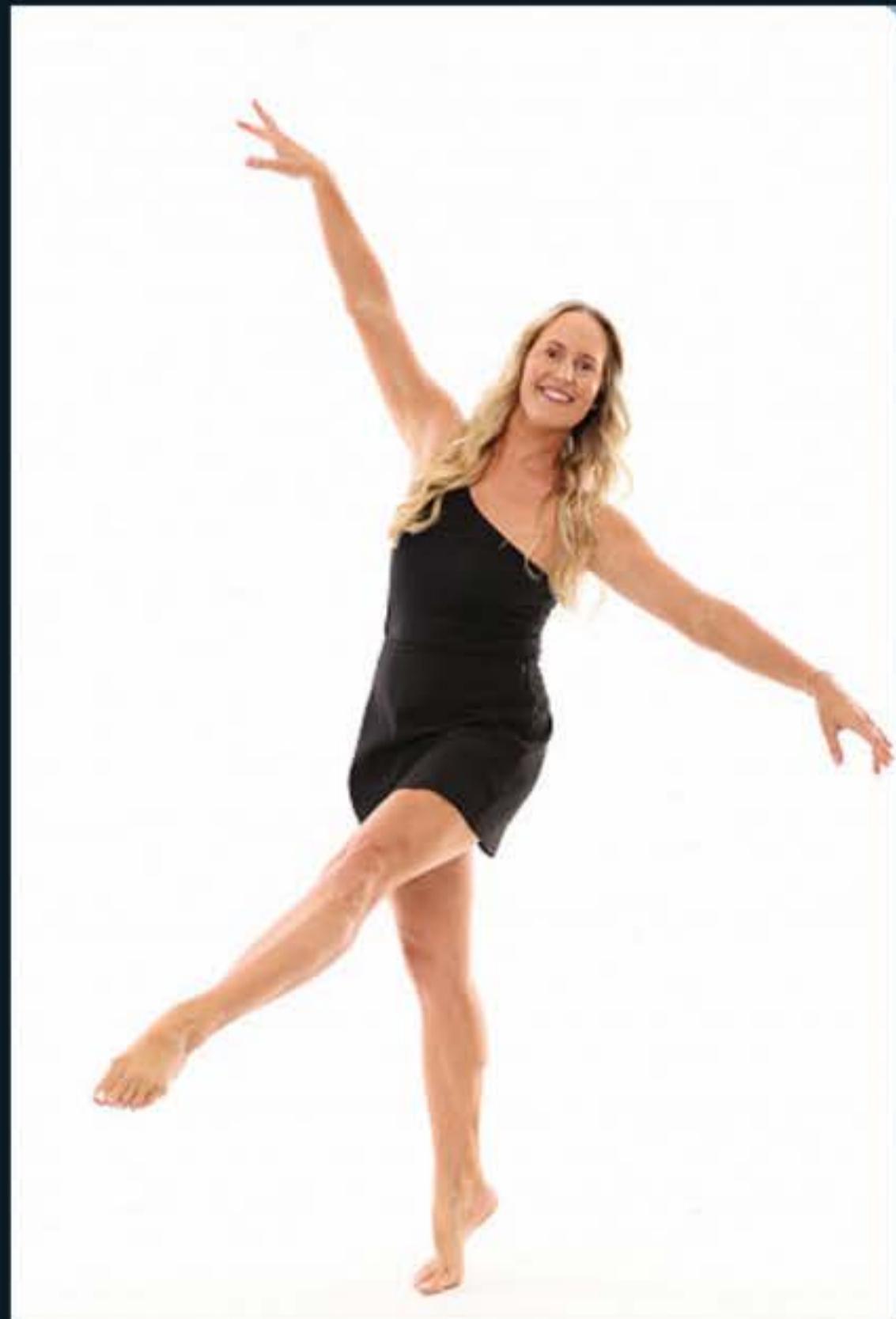
This class focuses on flexibility, strength, balance, breath control, and body awareness, helping dancers improve alignment, prevent injury, and recover more effectively.

# CLASSES FOR EVERYONE

## ADULT DANCE

### (18+ years old, all levels welcome)

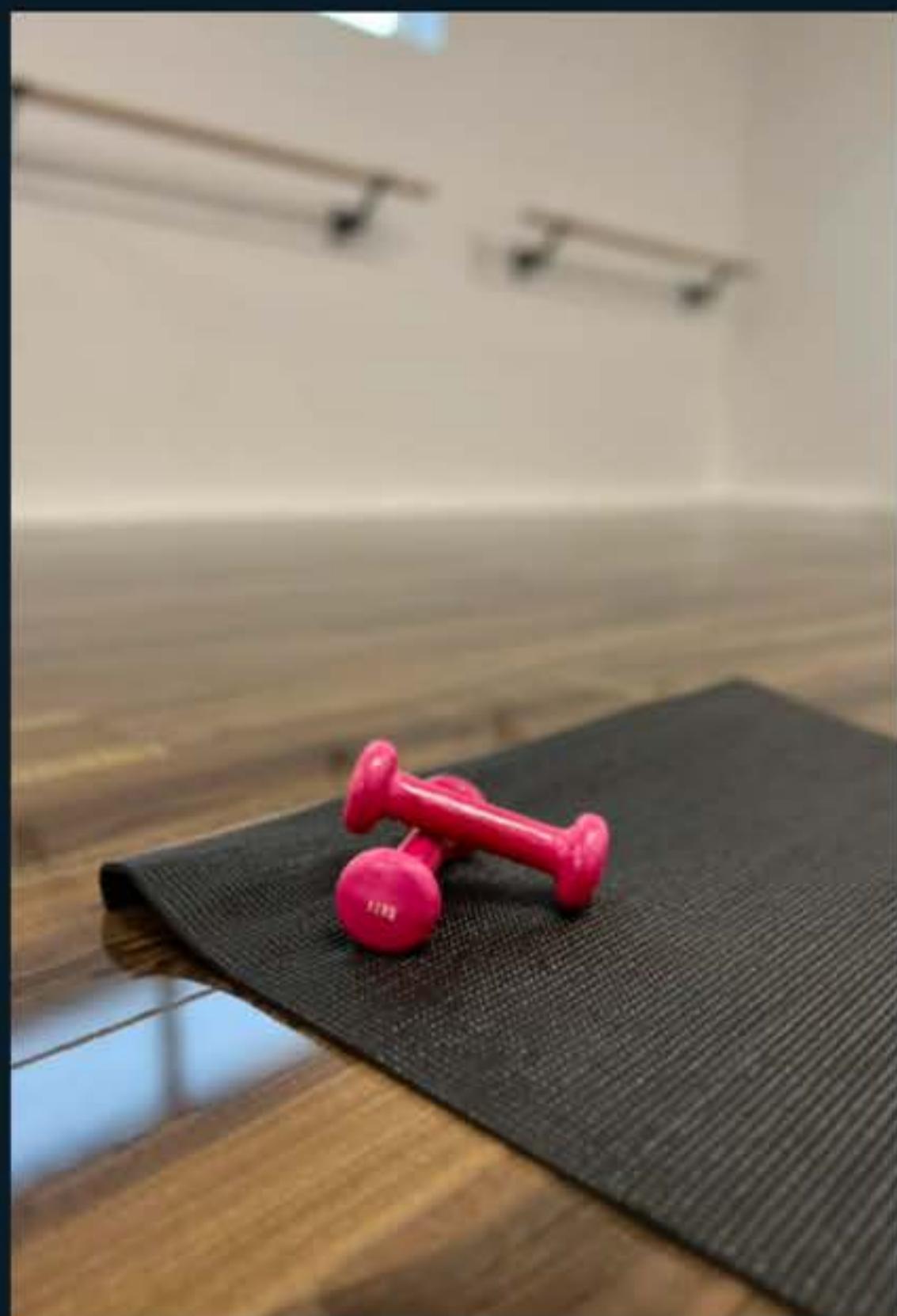
This is an class open to adults, it encourages self-expression, body awareness, and confidence through movement. Set to uplifting music, this class provides a positive outlet for stress relief while improving coordination and overall wellbeing.



## YOGA

### (All ages & all levels levels welcome)

This class focuses on flexibility, strength, balance, breath control, and body awareness, helping improve alignment, prevent injury, and help reduce stress. No prior Yoga experience is required. Modifications are offered to ensure a safe and effective workout for beginners through to more experienced Yoga practitioners.



## PILATES BARRE

### (All ages & all levels welcome)

This class focuses on flexibility, strength, balance, breath control, and body awareness, helping improve alignment, prevent injury, and recover more effectively. No prior Pilates or barre experience is required. Modifications are offered to ensure a safe and effective workout for beginners through to more experienced participants.

## UNLIMITED CLASSES PACKAGE

We offer Unlimited Class Passes for \$30 per week or \$20/Adult casual class or \$15/Student casual class.

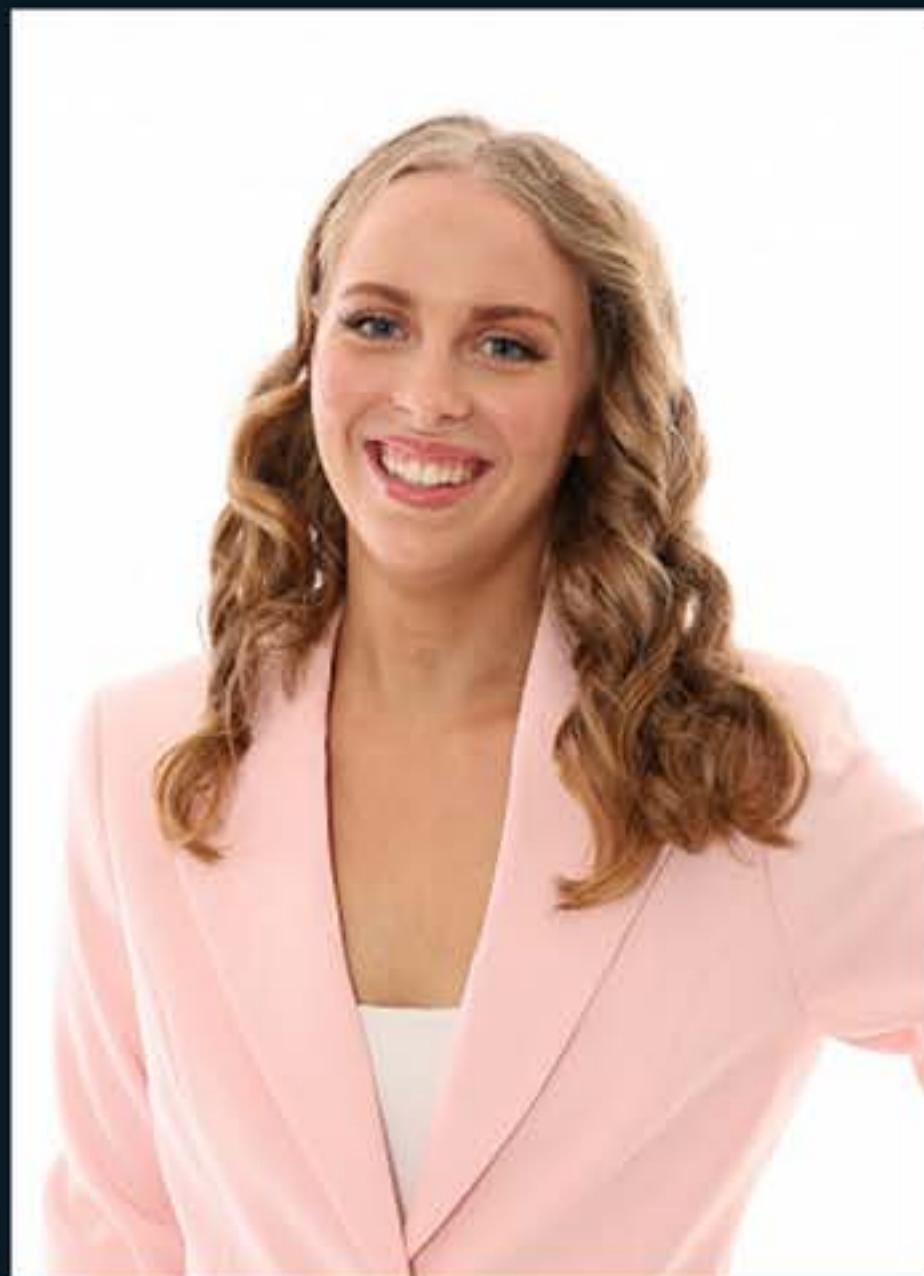
(This includes Adult Dance, Yoga, Pilates Barre).

TMDA Students on the **Unlimited Package** are able to join Kids Yoga/Yoga/Pilates Barre with this pass.

## BYO

Yoga Mat/Towel & Water

## MILLIE SANDERSON | PRINCIPAL & ARTISTIC DIRECTOR



Millie began dancing at Elite Dance Academy at the age of 3, undertaking comprehensive and disciplined training from 2011 to 2019. During this time, she specialised in Ballet (Cecchetti Method) and Tap (Glenn Wood Tap Syllabus), achieving outstanding results across numerous examinations in both disciplines. Millie's technical ability and commitment earned her recognition at the Cecchetti Ballet Australia Inc. Queensland Medal Awards, where she was selected to compete for three consecutive years. She received a special mention in 2018 and was named runner-up for the prestigious William Carse Memorial Shield in 2019. Further highlighting her academic excellence, Millie achieved the highest examination mark in Queensland for her grade in the 2017 Cecchetti Ballet examinations.

Alongside her examination success, Millie developed strong performance maturity through competitive appearances across the Gold Coast and New South Wales from 2018 to 2019, as well as professional performance engagements with EDA, including performances at Dreamworld in 2018.

Millie joined TMDA in 2024 and completed her senior level ATOD Jazz examination. Millie has also attained a Certificate II in Dance. With her extensive training and experience, Millie is passionate about sharing her knowledge and inspiring the next generation of dancers to achieve their full potential. Beyond the studio, Millie's leadership qualities are evident in her appointment as Tamborine Mountain State High School Captain for 2026.

## SHAREE YOUNG | PRINCIPAL & ADMINISTRATION

Sharee's career in the performing arts began as a professional waterskier and stunt performer at Sea World Australia, where she commenced performing in live shows in 2002. Her work quickly expanded onto the international stage, touring and performing across Australia, Japan, Germany, China, and the UAE in high-profile live productions.

Alongside raising her family, Sharee undertook extensive professional training, completing Certificates IV in Fitness, Pilates and Pilates Barre qualifications, and 200hour Yoga Teacher Training. In 2013, she founded The Floating Lotus Studio in Helensvale, growing it into a respected wellness hub.

In recent years, Sharee continued to perform and announce in professional live stunt shows through to 2022, maintaining a strong connection to the stage and live performance industry. As a dance mum and accomplished entrepreneur, she is focused on elevating the business through strong leadership, refined systems, and the creation of meaningful, professional pathways for teachers and senior dancers.

At her core, Sharee is driven by a vision to build a vibrant, values led community founded on kindness, professionalism, resilience, and a genuine love of performance.



# FACULTY

## DEBBIE LANDEL | TEACHER



Formerly the Principal of 'Debbie Beale School of Ballet' Sydney for 10 years & the former Principal of 'Dance Classique' on the Gold Coast QLD, Debbie trained at The Australian Ballet School in Melbourne, and also studied in Russia, London, Europe & America. She has mentored for the Royal Academy of Dance & trained many student teachers to obtain their RAD Teaching Certificate.

Debbie has regularly taught in Japan where she is the Patron of a Ballet School in Okayama, "Petit Ballet Studio". She has also adjudicated at many eisteddfods and competitions including The Melbourne Performing Arts Challenge, Starbound Competition, The ATOD National Finals, The Gold Coast Eisteddfod, The Brisbane Eisteddfod, Evolution National Finals and The ATOD International Competition 2023 Bangkok Thailand to name a few.

Debbie wishes to share her passion and expertise and encourage the up and coming performers of tomorrow.

## SHANNON GOUGH | TEACHER

Shannon began her dance journey at The Queensland Dance School of Excellence, where she completed her Cecchetti Advanced 2 Ballet examination. During this time, she was selected to perform at the launch of Mao's Last Dancer by Li Cunxin.

Shannon went on to further her training at the Western Australian Academy of Performing Arts (WAAPA), where she spent three years refining her technique and artistry. During her studies, she was chosen to work with Australian Ballet choreographer Timothy Harbour on his contemporary creation A Listening World, and to perform with the West Australian Ballet in Sleeping Beauty.

Following her graduation, Shannon moved abroad to broaden her experience within the European dance scene. She successfully auditioned for Northern Ireland's leading contemporary company, Maiden Voyage Dance, touring and performing across the country.

In addition to her performance career, Shannon has developed a deep passion for teaching and mentoring the next generation of dancers. As a dedicated freelance dance teacher, she continues to inspire students through her professionalism, creativity, and commitment to excellence.



## CARLY HILL | TEACHER

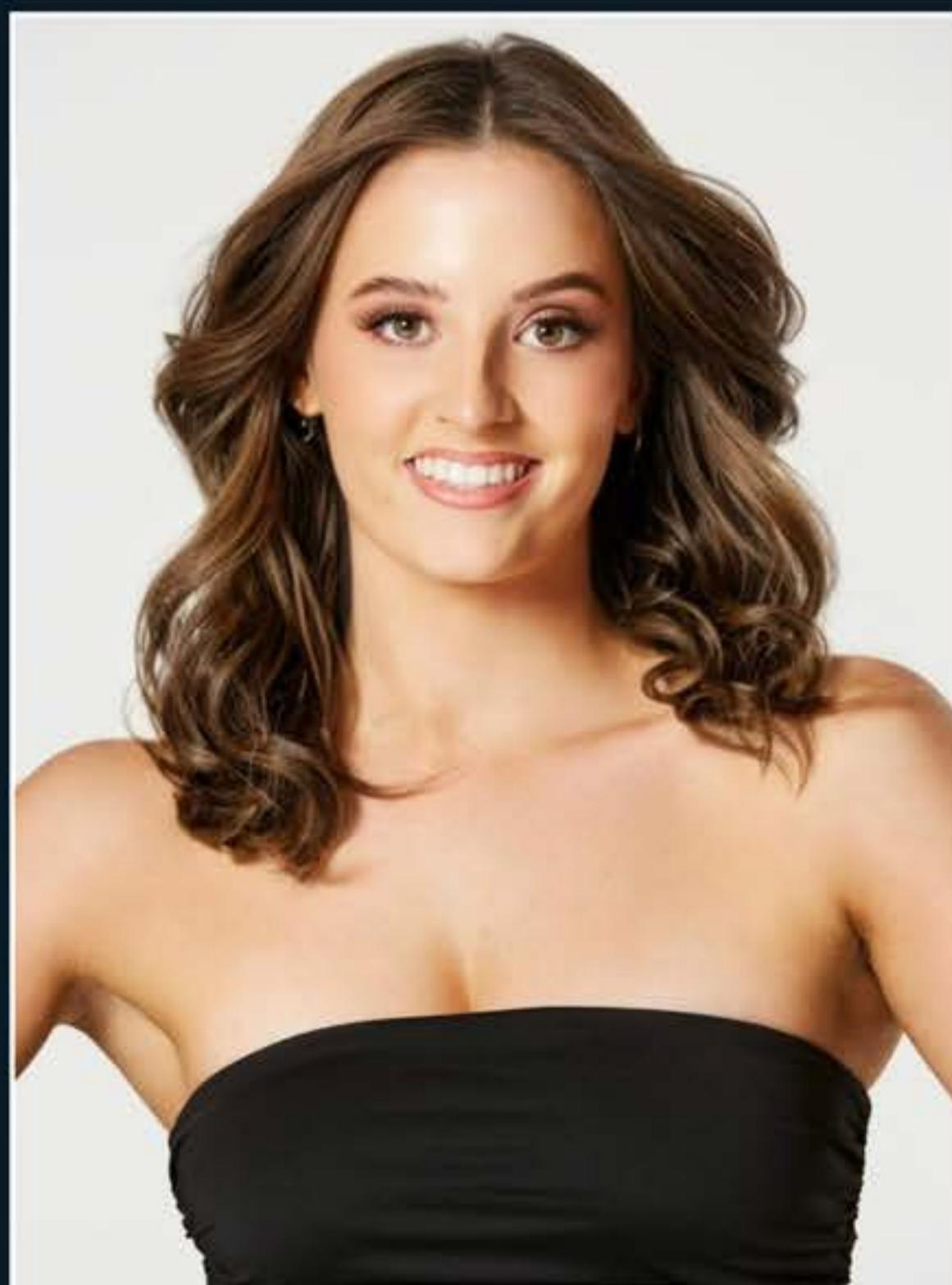
Carly commenced her dance training at the age of five on the Gold Coast under the mentorship of Suzanne Swain.

At fifteen, she was accepted into full-time training at the prestigious Queensland National Ballet School, where she undertook intensive studies in classical ballet and contemporary dance. Carly holds an Advanced Diploma of Dance (Elite Performance) and has attained exceptional examination results, including an Excellence Award in ACB and Solo Seals in both AICD and BAL.



Renowned for her strong technical foundation, discipline, and artistry, Carly brings a professional standard to her teaching and is passionate about cultivating excellence, artistry, and a deep respect for dance in the next generation of performers.

## MATILDA HAMBRIDGE-HAY | TEACHER



Matilda commenced her formal dance training at the age of five in Adelaide at TIDC Performing Arts Studio. In 2023, she was accepted into full-time training at Dynamite Studios, where she undertook intensive study with a focus on advanced jazz technique, tap, and lyrical performance.

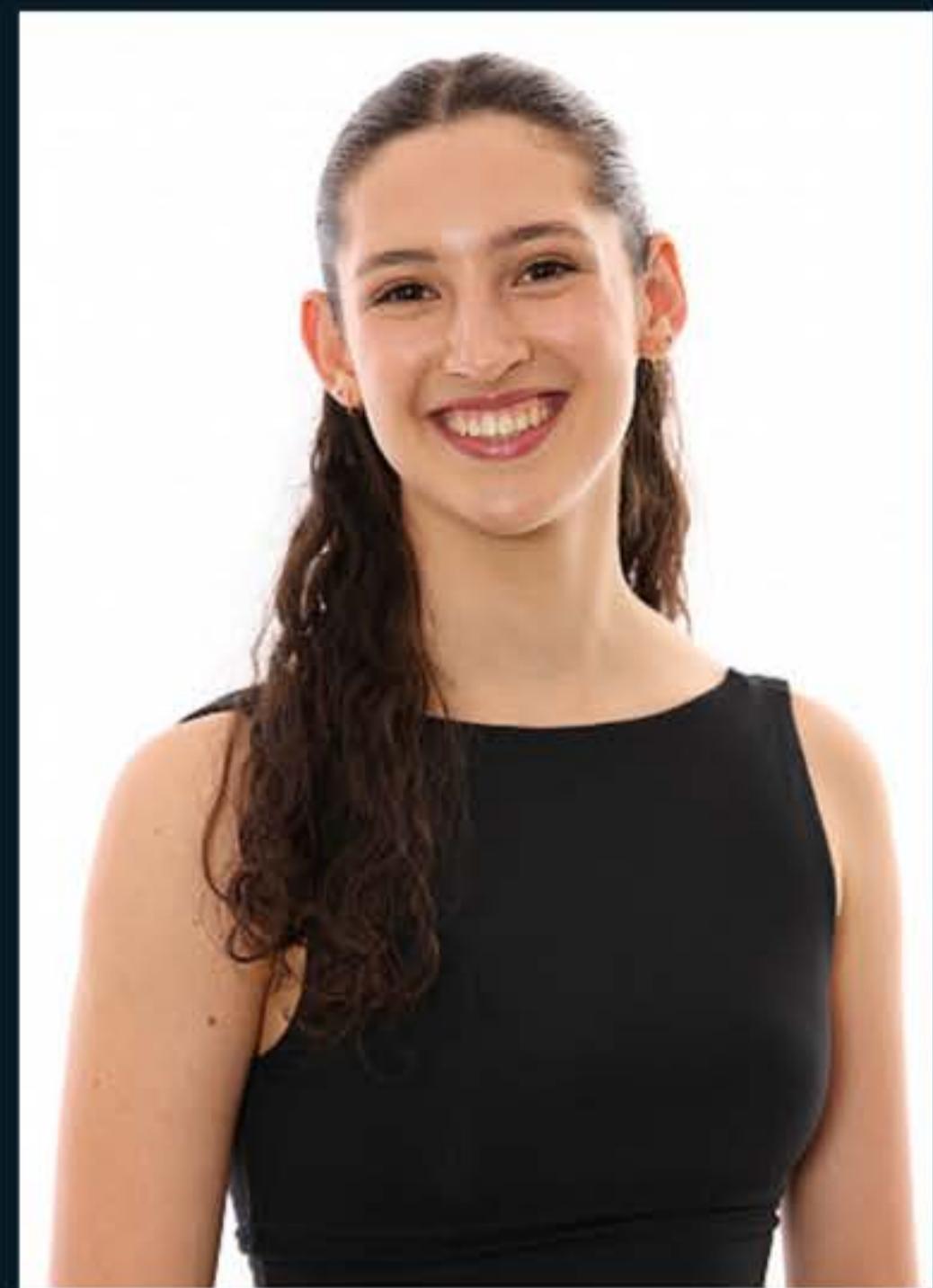
Matilda holds a Certificate IV in Dance and has successfully completed her Advanced ATOD Jazz and Tap examinations, reflecting both technical excellence and performance maturity.

Alongside her training, she has worked as a professional performer at Dreamworld, further developing her stage presence, versatility, and professionalism within a commercial performance environment.

## EDEN WARWICK | TEACHER

Eden commenced her dance training at Tamborine Mountain Dance Academy at just 2 years of age and has since undertaken extensive and comprehensive training across Classical Ballet, Jazz, Contemporary, Lyrical, and Tap.

Throughout her development, she has competed successfully at numerous eisteddfods across the state, consistently demonstrating both technical strength and performance maturity. Eden has completed formal examinations in all disciplines, achieving multiple Distinction results, and most recently attained her Senior Jazz examination through the Australian Teachers of Dancing syllabus. She also holds a Certificate II in Dance.



With a deep connection to TMDA and a strong commitment to excellence, Eden is passionate about fostering a positive, supportive, and inspiring learning environment, empowering her students to develop confidence, artistry, and a lifelong love of dance.

## ISLA SULLIVAN | TEACHER



Isla began her dance training at Tamborine Mountain Dance Academy at just 2 years of age, developing comprehensive skills across Classical Ballet, Jazz, Contemporary, Lyrical, and Acrobatic Dance.

She has competed successfully at numerous eisteddfods across the state, and has completed formal examinations in all genres. Most recently, Isla completed her senior level Jazz examination through the Australian Teachers Of Dancing syllabus, and she also holds a Certificate II in Dance.

Committed to nurturing the next generation of dancers, Isla creates a safe, inspiring, and engaging environment where her students can thrive and develop a lifelong love of dance.

## MINNIE BANGAY | TEACHER

Minnie began her journey in the performing arts as a dancer at Yvonne Britain Dance Academy, where she trained in Classical Ballet, Contemporary, Jazz, Tap, and Hip Hop from 2013 to 2022. Over time, her passion for the arts expanded into acting and musical theatre, allowing her to seamlessly combine her love of dance, singing, and acting.

Her acting career began with extra roles in productions such as *Troppo, Upright* (Season 2), and *Joe Exotic: Tiger King*.

Through dedication and persistence, Minnie transitioned into musical theatre, performing in '*The Wizard of Oz*' with Harvest Rain Theatre Company, as well as appearing as an ensemble member in Spotlight Theatre's '*We Will Rock You*'.



This progression quickly led to lead roles at Spotlight Theatre, including Mr. Salt in '*Charlie and the Chocolate Factory*' and Lumiere in '*Beauty and the Beast*'. Minnie has recently been cast as Mama in Sky Youth Theatre's upcoming production of '*Chicago*', set to premiere in May 2026. With a deep passion for musical theatre and strong versatility as a performer, Minnie is excited to share her skills and substantial experience with TMDA. She is committed to cultivating students' confidence, artistry, and love of musical theatre.



# FEE STRUCTURE\*

## GENERAL CLASSES

Baby Ballet (30 min)	\$10
Ready Set Dance (1hr)	\$20
Primary Ballet	\$20
Level 1 Ballet	\$20
Level 2 Ballet	\$20
Level 3 Ballet	\$20
Level 3 Pointe	\$20
Level 4 Ballet	\$20
Level 4 Pointe	\$20
Senior Ballet	\$20
Sub-Junior Jazz	\$13
Sub-Junior Tap	\$13
Junior Jazz	\$15
Junior Tap	\$15
Intermediate Jazz	\$15
Intermediate Tap	\$15
Sub-Senior Jazz	\$15
Sub-Senior Tap	\$15
Senior Jazz	\$15
Senior Tech	\$15
Senior Tap	\$15
Senior Commercial	\$15
Junior Contemporary	\$15
Intermediate Contemporary	\$15
Sub-Senior Contemporary	\$15
Bronze Acrobatic Dance	\$15
Silver Acrobatic Dance	\$15
Hip Hop	\$13
Musical Theatre	\$13
Kids Yoga	\$10
Pilates Barre	\$15
Yoga	\$15
Adult Dance	\$15

## 2026 ENROLMENT FEE

\$85 (Includes insurance)

## PRIVATE TUITION:

\$35/half hour

## EISTEDDFOD GROUP COMPETITION TEAMS

\$15 per lesson

## UNLIMITED CLASSES PACKAGE

We offer a fixed price of \$85 for unlimited classes per week (this does not include private tuition).\*

We offer Unlimited Adult Class Passes for \$30 per week (Adult Dance, Yoga, Pilates Barre).\*

## FAMILY DISCOUNT

For Second Child: 10% off

For Third Child: 15% off



**\*ALL PRICES ARE PLUS 10% GST**

# IMPORTANT DATES

Our dance calendar aligns with Queensland school terms. Classes will not be held on public holidays.

## TERM DATES

- Term 1: Tuesday 27 January to Thursday 2 April
- Term 2: Monday 20 April to Saturday 27 June
- Term 3: Monday 13 July to Saturday 19 September
- Term 4: Tuesday 6 October to Saturday 12 December

## Gold Coast Eisteddfod

- Dance Groups: 8th, 9th, 21st-23rd August
- Solos: 19th-27th July

## OTHER DATES

- Ballet Examinations: September
- Jazz/Tap Examinations: September
- Showcase Date: Saturday 27th June
- Photo Day: Sunday 22nd November
- Concert Date: Saturday 12th December

## Beenleigh Eisteddfod

- Small Groups: 22d, 23rd August
- Solos: 27th-3rd September



# UNIFORM

**Jazz, Tap, Contemporary/Lyrical, Acro, Hip Hop, Musical Theatre, Baby Ballet, Ready Set Dance**

For all styles excluding ballet, TMDA students wear our custom TMDA uniform (pictured below).

Students may wear any combination of the singlet, shorts, crop top, leggings, jacket, puffer vest, T-shirt or track pants. TMDA dance bags are also available for purchase.

Please email [admin@tmda.info](mailto:admin@tmda.info) for more details on how to order your custom uniform.

\*Baby Ballet and Ready Set Dance may wear free dress if they don't wish to wear TMDA Uniform

## TIGHTS, SHOES & GROOMING

Students in Jazz and Tap must wear tan tights, and students in Ballet must wear theatrical pink tights.

All students are required to have hair secured in a neat, firm bun in all classes.

**Jazz:** Tan jazz shoes, black for boys.

**Tap:** Tan tap shoes, black for boys.

**Contemporary/Lyrical:** Tan canvas 'half shoes'.

**Musical Theatre:** Tan jazz shoes, black for boys.

**Acro:** Bare feet.

**Hip Hop:** Black leather sneakers.



# UNIFORM

## Pre-Primary Ballet, Primary Ballet

- Pink leotard, skirt, leg warmers, cross-over (winter).
- Hair in neat, firm bun with pink hair ribbon.
- Theatrical pink tights.
- Leather Capezio 'Juliet' ballet shoes in 'light pink' with matching ribbons.



# UNIFORM

Prep Level 1 Ballet, Level 1 Ballet, Level 2 Ballet, Level 3 Ballet

- Navy leotard, skirt, leg warmers, cross-over (winter).
- Hair in a neat, firm bun with navy hair ribbon.
- Theatrical pink tights.
- Leather Capezio 'Juliet' ballet shoes in 'light pink' with matching ribbons.



# UNIFORM

Level 4 Ballet, Senior Ballet

- Cornflower blue leotard and skirt.
- White leg warmers and cross-over (winter).
- Hair in a neat, firm bun with white hair ribbon.
- Theatrical pink tights.
- Leather Capezio 'Juliet' ballet shoes in 'light pink' with matching ribbons.



# UNIFORM

## Boys - Ballet

- White boys leotard/top, dance socks,
- Navy leggings.
- White canvas ballet shoes.



## COMPETITION TEAMS

We offer opportunities for students to join our competition teams to compete at various Dance Eisteddfods and events across the year.

Intermediate Competition Team - Aged 12 or under on the 1/1/26

Sub-Senior Competition Team - Aged 14 or under on the 1/1/26

Students must be currently participating in two styles to be participate in Eisteddfod/Competition Teams - e.g. Ballet & Jazz, Jazz & Tap, etc. We strongly encourage students to participate in Ballet classes to gain a strong technical foundation for competitions. Auditions will be held on January 17 2026, further information regarding performance dates etc will be provided following the auditions.

## DANCE EXAMINATIONS



TMDA Students are strongly encouraged to work towards sitting their examinations in Classical Ballet (through the Australian Ballet Conservatoire 'Vaganova' syllabus board) and in Jazz and Tap (through the Australian Teachers Of Dancing syllabus board).

Dance exams offer numerous benefits, providing students with structured goals and a sense of accomplishment as they progress through levels. They encourage discipline, focus, and consistency in training, helping dancers refine their technique and artistry. Exams also build confidence by giving students the opportunity to showcase their skills in a more formal setting. Furthermore, they provide valuable feedback from industry professionals, highlighting areas of strength and improvement. Dance exams can serve as a stepping stone for future opportunities in performance or teaching, fostering a deeper appreciation and commitment to the art form.

Students who are interested in examinations should ensure that they are attending all scheduled lessons of their class, e.g. the Intermediate Jazz lesson on both Monday and Thursday. It is vital that students commit to both weekly classes to ensure that they are 'exam ready'.

## CONTACT INFORMATION

**Address:**

Vonda Youngman Community Centre  
2-4 Knoll Road, North Tamborine, Queensland 4272

**Ph:**

0499 560 727

**Email:**

admin@tmada.info

**Website:**

www.tmada.info

## OFFICE HOURS

Monday to Friday: 9am to 5pm

Saturday: 9am to 12pm

## FOLLOW US ON SOCIAL MEDIA

 Tamborine Mountain Dance Academy

 @tm\_danceacademy

